



SkinPen® Treatment Instructions

Pre-Treatment:

- Avoid facial shaving/waxing and skincare products such as Retinol, Tretinoin/Retin-A, Vit C, Salicylic/Glycolic acid, etc. that could be irritating for 1-week prior.
- Wait at least 2 weeks after Botox/Facial Filler and 4 weeks after any chemical peel, laser, microneedling before receiving SkinPen®
- Remove any make up prior to your appointment.
- Please inform your provider if you have a history of cold sores, open wounds, or any active infections.
- If you need to cancel/reschedule your appointment, please provide a 48 hour notice to avoid any fees.

Post-Treatment

- Redness/tightness/rough skin/sensitivity are all normal after treatment and can last 3-7 days.
- Avoid touching your hands and phone to your face for 24-48 hours following treatment.
- The Skinfuse Lift HG may be applied additionally the day of your treatment to hydrate the skin.
- Change your pillowcase/sheets prior to going to bed the day of treatment to limit bacterial exposure.
- Peeling/flaking may occur 1-3 days after treatment, do not pick or scratch the skin.
- Do not apply any make up for at least 24 hours, use a gentle cleanser and moisturizer the next day.
- Avoid swimming, vigorous exercise, hot tubs, saunas, and steam rooms for 48 hours.
- Continue to avoid active ingredient skincare for 1-week after your treatment.
- Avoid direct sun exposure and tanning/tanning products for 1-2 weeks, SPF should be applied daily.

If you have any questions or concerns pre/post treatment, please contact our office at 503-699-6464

After Hours: 503-238-8369



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