



SCULPTRA® Aesthetic

(Injectable poly-L-lactic acid)

Pre-Treatment:

- Avoid all blood thinners (Aspirin, Motrin, Aleve, Vitamin E, Ibuprofen, Fish oil) for 1 week before procedure.
- Ensure that you do not have any active infections, are taking antibiotics, or have had or plan to have any dental work or vaccination within 4 weeks of your treatment.
- The treatment area will be cleaned with antiseptic, and your provider may apply a topical anesthetizing cream prior to treatment.
- Please inform your provider if you have a history of cold sores or any active infections.
- If you need to cancel/reschedule your appointment, please provide a 48 hour notice to avoid any fees.

Post-Treatment

- You should avoid blood thinners for one more day. You may take Tylenol if there is any discomfort.
- Makeup may be applied 24 hours after treatment.
- Bruising and/or swelling is to be expected and can last up to 5-7 days post treatment.
- Avoid swimming, vigorous exercise, hot tubs, saunas, and steam rooms for 48 hours.
- Avoid excessive sun, tanning beds, and self-tanners to the area until all redness has resolved.
- You should massage the area gently with a moisturizer 5 times a day for 5 minutes for the next 5 days to assure the product is distributed evenly. You may use any moisturizer.
- If there is any swelling, you may apply ice directly to the skin for 20 minutes several times a day.
- Please schedule a follow up appointment after your treatment.

If you have any questions or concerns pre/post treatment, please contact our office at: **503-699-6464**

After Hours: **503-238-8369**



Elisa A. Burgess, M.D., F.A.C.S. – Burgess Plastic Surgery & Medspa

16865 Boones Ferry Rd., Suite 101 – Lake Oswego, OR 97035

www.BurgessPlasticSurgery.com