



SmartSkin™ CO2 Laser 'Madonna Lift' Post-treatment Instructions

Micro Ablative Post-treatment: It is important to follow the instructions provided

During the first 24 hours post-treatment:

- Your skin may look discolored and appear pink and shiny to gray. Expect your skin to feel rough. You may have crusting/weeping for an average of 4-5 days.
- Use ice/cold packs every 2 hours for a maximum of 20 minutes each time to help with swelling and discomfort.
- If there is crusting, gently wipe away with cotton gauze before applying the eye cream. An eye cream will be recommended or provided to you.
- You may use over-the-counter moisturizing eye drops if needed to alleviate dryness and/or irritation.
- Keep your head elevated by using two or more pillows when lying down.

Day 1 through 10 Post-treatment:

- Continue taking all medications as prescribed by Dr. Burgess.
- Your skin may feel sensitive and may have a red and swollen appearance. The treated areas may itch.
- Keep the treated areas covered with eye cream every 3-4 hours until day 3. This will decrease the healing time and minimize discomfort.
- Use ice/cold packs as needed for swelling and discomfort. Make sure to put a thin, clean towel on your face before putting the ice packs on to avoid getting an ice burn.
- Elevate your head when lying down and especially if swelling persists.
- If there is any increase in pain or increase in skin redness 1-2 days after your procedure, call our office promptly.
- Avoid sun exposure during the first few weeks following the procedure. A sunscreen with SPF of 50+ should be used for any transient exposure. If possible, use a brimmed hat and sunglasses to reduce sun exposure.
- Avoid using any type of electronic skin cleansing brush, such as a Clarisonic for about 2 weeks.
- Keep all follow up appointments with our office to assess treatment progress.
- Following your treatment, normal activities may resume per level of comfort. However, no swimming or using hot tubs/whirlpools while redness is present, usually 5-7 days.
- Makeup can be resumed 5-7 days after treatment
- If additional moisture is needed while at home, you may use an additional eye care cream or eye-safe moisturizer.