



HydraFacial Treatment Instructions

Pre-Treatment:

- Avoid facial shaving/waxing and skincare products such as Retinol, Tretinoin/Retin-A, Vit C that could be irritating for 72 hours.
- Wait at least 10-14 days after any chemical peel, laser, or microneedling treatment before a facial
- Remove any make up prior to your appointment.
- Avoid tanning beds and fake tanner for 72 hours. If you have a sunburn or fresh tanner your appointment will be rescheduled.
- Please inform your provider if you have a history of cold sores or any active infections.
- If you need to cancel/reschedule your appointment, please provide a 48 hour notice to avoid any fees.

Post-Treatment

- Leave the solution that was infused through the HydraFacial on the skin for four hours.
- If you do not need to apply makeup/sunscreen after treatment, then wash your face the next day.
- Avoid swimming, vigorous exercise, hot tubs, saunas, and steam rooms for 24 hours.
- Avoid using Retinol, Tretinoin/Retin-A, Vit C, and any products that can irritate your skin should be avoided for about 48 hours.
- After 24-48 hours you may resume your medical grade skin care regimen as tolerated to enhance the results of your recent HydraFacial treatment.

If you have any questions or concerns pre/post treatment, please contact our office at 503-699-6464

After Hours: 503-238-8369



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